

Thursday,
Feb. 1, 1979
Vol. 40, No. 15

Missouri Southern State College, Joplin, Mo. 64801

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Weather strains security force

Since the temperatures dropped, the telephone at campus security has rung off the wall.

On Wednesday, the squad answered 41 calls. According to Adrian Meacham, director, the majority of the calls were for battery jumps.

"When it gets cold and you have a weak battery, there's not much hope."

"We try to provide a service to students by getting to them within 10 minutes, at the longest," he said.

Most calls, said the director, are answered in 3-4 minutes.

The weather has affected both car and driver, according to Meacham.

"Kids are, surprisingly, driving more carefully than normal. There's

very little of the funny business behind the wheel," he said.

Meacham said seven accidents had been reported to the patrol since cold weather began. With the exception of one mishap Wednesday, most were minor in property damage.

"We cover a lot of little fender benders, if you want to call them that, out in the parking lots," he said. He could not estimate how many are not turned in.

The accident Wednesday involved a car driven by a student and a parked faculty member's car. According to the accident report, the student-driven car slid into the left rear end of the faculty member's car.

There was no cost estimate at press time.



Registration ends with 3322

Enrollment at Missouri Southern totalled 3322 at the close of final registration. The figure includes all full and part-time students enrolled in regularly scheduled college classes. However, it does not include enrollment in continuing education classes.

This spring's enrollment figure is comparable to the 1978 semester with an enrollment of 3329 at the end of the registration period. The current enrollment reflects about a 6

percent drop from the fall semester. A drop of about 200 students between fall and spring semesters is an expected annual occurrence.

The official enrollment count to be submitted on state reports is taken at the end of the fourth week of classes. That total will represent a stable figure, taking into account students who dropped after only a few days, and those who enrolled in the continuing education classes which begin during the first month of a semester.



College administrators face House committee

Administrators from Missouri Southern presented the college's 1980 fiscal year budget to the Missouri House of Representatives appropriations committee. During the hearing, college officials asked for an additional \$30,000 for two new faculty members, \$35,000 to operate the new technology building, and \$30,000 for the area of general support. Also it was asked that the legislators consider a new formula for allocating general revenue money.

"We suggested to the committee that they make some type of formula for themselves," said Dr. Floyd Belk, interim president of the college. "We suggested a seven percent formula that would follow President Carter's wage and price guidelines. And hopefully that would give us a seven percent increase."

"We told them that our budget was prepared before the President's anti-

inflation program was announced. And realizing that, this had changed things. But we felt the governor's request for a four percent increase was a little to stringent," said Dr. Paul Shipman, interim executive vice-president.

Missouri Southern's need for more general revenue money stems from events that took place earlier this year. The governor recommended a four percent increase for Southern, but suggested a five and a half percent pay increase for state employees.

SAID BELK: "Mathematically it is pretty obvious. They want us to take money from the support area to make up for the salary increases." He continued, "And that really hurts Missouri Southern once again. Because we spend, percentage wise, more on instruction than any other

college in the state and less on support areas."

The four areas that make up the general support section of the budget are student services, athletics, academic support, and instructional media. Said Shipman, "It is these areas that make up the general support. And it is in that in which they want us to pare back." He continued to say, "And it would be difficult for us to pare back any more."

Said Belk, "We don't know what areas those cuts will come in; I suppose we are being ostrich-like. We are sticking our heads in the sand and hoping that the Senate and House improve our budget."

HE CONTINUED: "That is why we

are asking for \$30,000 more for the support area to bring that closer in line to what other colleges will possibly receive."

The other \$30,000 Southern asked for will go for the hiring of two new faculty members, to be placed in the Education Department. "There is a new state law that says that colleges training teachers must offer more credits in reading and child education. And we need those two extra instructors to teach that load," commented Belk.

The next state hearing in which college officials will take part will be Feb. 19. This hearing, before the Senate, will deal with capital improvements and for Missouri Southern that

means justifying the requested new field house.

"THE OBSTACLE IF we want this new building is to justify it academically. We have to show that it has a higher priority than the second phase of the technology building," said Belk.

He continued, "The teaching stations in the gym are used every hour of the day. We have seven bowling classes, swimming classes at the YMCA, and we use academic class rooms on campus for physical education courses."

"And with Title IX, there will need to be room for more activities. So we have to justify asking for the facility," he continued. "What we will do in all probability is go up with estimates on

what it costs other state colleges to build their field houses."

"DR. BELK IS TRYING to get some figures together on the use of our crowded gym, and by these we will hopefully show them that we can justify changing priority," said Shipman.

"But we have some hurdles, the House and Governor. Our contacts in the House have not been completed enough to know what they will do." He continued, "Representative Young, the only representative from our county said he does not feel the House will follow the lead of the governor."

Said Shipman, "In the Senate we will have the support of Senator Webster."

Impeachment effort fails, 8-13 at Wednesday Senate meeting

Last night's Student Senate meeting became the most emotional ever when a resolution calling for impeachment proceedings of President David Meadows came to the floor. The move, on grounds he had "failed to discharge duties," was sponsored by Clark Swanson, Greg Christy and Shawn Degriff. A surprised Meadows first said he would not entertain the motion.

Parliamentarian Wesley Thorn, however, explained the matter. Thorn described it as a serious matter and one in which a hearing would take place with Meadows granted counsel, a member of the Senate, with vice-president Rick Keeling acting as judge and the Senate being jury. After trial a three-fourths vote would be needed to remove him from office.

Date for the hearing had been set for today but it was found in conflict with the Senate-sponsored Leadership Workshop. In the confusion of deciding actual procedure for impeachment, whether or not Meadows was entitled to know the specific charges, and alternate date for the trial, a motion for recess was made.

Opposition was voiced from Senator Robert Mutru who said a call for recess had happened last semester to destroy the quorum.

After a five minute recess the

parliamentarian ruled Meadows was entitled to due process and should have knowledge of the specific charges at least 48 hours before trial.

Time for the hearing was changed to Monday and Swanson mentioned Meadows would receive the specific charges which centered on his performance at meetings and other conversations.

Parliamentarian Thorn told the Senate they could convict Meadows only if he had failed to discharge his duties as president. Swanson agreed and promised to bring forth evidence at the hearing to justify the allegations.

Opposing impeachment, Senator Mark Poole said: "I think this is a joke. . . anything he would have said or done wouldn't have affected the way meetings were run."

Several others commented, "We're setting a dangerous precedent" and "None of is perfect."

"We're talking about malicious actions. . . not just human error. Let's not make a moral decision now but bring it up at the hearing and get a chance to see both sides," remarked Greg Christy.

Meadows finally spoke: "It's a shock. No one has ever come up to me and said I was doing something wrong. I would put my record up

against any student president before me."

Secret ballots were cast. But someone voted twice.

Awaiting the second vote, Dean Dolence spoke: "I think you're going to hurt more than you accomplish... Dave's done things I didn't agree with. . . I wouldn't have recom-

mended him for the Presidential Search Committee and I'll say that to his face. But I can also count the active senators on one hand."

Only 21 of the 34 senators were left at the meeting. Final vote brought failure to the impeachment resolution by a vote of 8 YES, 13 NO without any absentees.



Crosswalk committee to appear before state highway officials

Senator Richard Webster has set a public hearing with members of the Student Senate crosswalk committee and the State Highway Commission in Jefferson City on March 2.

Robert Mutru, chairman of the crosswalk committee, and six active committee members are preparing a presentation for the hearing. Jim Williams, traffic control instructor at Southern, has devised a class project to conduct a traffic flow survey of Newman Road. The results of this survey will be used by committee members to prove the necessity of a traffic device. Senator Webster has also made a number of helpful suggestions for the presentation, according to Mutru.

The immediate goal of the committee is a pedestrian crossing light. An overpass for the future has been discussed. With the plans for new dormitory facilities, the pedestrian flow is expected to increase and more traffic control will be needed.

Mutru plans to ask the Senate for approximately \$1000 to go toward the cost of an immediate traffic device to show the Senate's concern over the problem.

Persons will be needed to assist in the traffic flow survey. Mutru plans to ask the Senate for funds to pay these persons.

WHAT NEXT?

By LORRY YOULL
Assistant Editor

The PSYCHOLOGY CLUB will meet at 1 p.m. Thursday in the Psychology-Education Building, room 117.

At 7 a.m. today there will be a KOINONIA BREAKFAST in the Faculty Lounge of the College Union. A KOINONIA LUNCH will be held later at 11 a.m. at the College Heights Christian Church.

The PERSHING RIFLES DRILL TEAM will meet Friday at 9 a.m. at the Police Academy.

At 12:15 p.m. tomorrow the AFRO-AMERICAN SOCIETY will meet in H-320.

Friday evening both male and female BASKETBALL teams will travel to Washburn University.

The Joplin 4-WHEEL DRIVE ASSOCIATION will meet at 7 p.m. Friday in the College Union.

Saturday night Emporia State University will travel to Southern for men's and women's basketball action.

There will be a BASEBALL CLINIC from 8 a.m. till 4 p.m. Saturday in the College Union Ballroom.

Friday and Saturday the DEBATE TEAM will compete in a tournament at Winfield, Kans.

The WOMEN'S BASKETBALL team will play Evangel College Tuesday evening in Joplin.

Waxworks and Fever will be presented by the SPIVA ART CENTER at 7:30 p.m. Tuesday in the Barn Theater.

There will be a KOINONIA BIBLE STUDY at 6 p.m. Tuesday in the College Heights Christian Church.

The ART LEAGUE will meet at 12 noon Tuesday in A-107.

At 12:15 p.m. Tuesday CIRUNA will meet in room 10 of the Library.

STUDENT SENATE will meet at 5:30 p.m. Wednesday in the Ballroom of the College Union.

At 10:30 a.m. the STUDENT NURSES ASSOCIATION will meet in room 105 of Kuhn Hall.

Thursday, Feb. 8, at 10:30 a.m. the BIOLOGY LEAGUE will meet in the College Union Ballroom.

The PSYCHOLOGY CLUB will meet at 1 p.m. Thursday in room 117 of the Education-Psychology Building.

At 7 a.m. Thursday there will be a KOINONIA BREAKFAST in the Faculty Lounge of the College Union. Later, at 11 a.m. there will be a KOINONIA LUNCH at the College Heights Christian Church.

KA FRATERNITY will host a rush party Saturday at 8 p.m. at the K.A. House, 7th and Duquesne.

Teamwork pays off for debators

By STUART BORDERS

Team work is as important to the debator as it is to the athlete. Missouri Southern's debate team of Kelli McDaniel Hopkins and Valerie L'Allier show excellent team work bringing home many awards. In their latest tournament at Pittsburg State University in Pittsburg, Kans., the team placed fourth over-all with L'Allier receiving first place speaker while Hopkins took second place speaker.

"I have never had a partner I have worked so well with as Valerie," said Hopkins. "She is an excellent debator and I enjoy working with her."

"Kelli's a fantastic debator. She has taught me a lot about debate theory and helped me with technics," commented L'Allier.

Although the team of Hopkins and L'Allier works smoothly together now, it wasn't always so.

THINGS STARTED to work out immediately for the pair as they took

"THE FIRST TIME I saw Val I told Finton [Southern's debate coach] that I didn't want her to work with me. In fact of the three people each of us listed as possible partners, Val wasn't even on my list," said Hopkins.

Southern's debate coach Dick Finton saw something in both of the girls that he thought would make an excellent team, and he assigned them as partners.

"Kelli was here last year and I knew Val when she debated in high school, so when Val decided to come here after going to Arkansas last year I thought I would put them together," stated Finton.

"After Finton assigned us together as partners, Kelli came over and we started talking and working things out and suddenly everything clicked," said L'Allier.

papers at professional meetings and has participated in the University of Arkansas Department of Chemistry Faculty Speakers Series.

Dr. Collis R. Geren, assistant professor of chemistry at the University of Arkansas, Fayetteville, will be on campus Tuesday to lecture to general physiology classes on "Membrane Receptor Sites."

Also, at 2 p.m., Dr. Geren will present a research seminar on "Biochemical Causes of Destructive Effects of Snake and Spider Venoms" in S-205.

Dr. Geren's presentations will be part of the First Annual Department of Biology Faculty Lecture Series funded by the Faculty Development Committee at Southern.

This series will bring to the campus individuals noted for their expertise in a particular area of biology and biochemistry. They will take over a class period for an instructor to allow that instructor to observe how an expert in this particular area of subject matter presents the information. This procedure is designed to benefit both the instructor and the students.

Dr. Geren has published twelve articles on snake and spider venoms and has presented several scholarly

Copies of the *Union Labor Record* printed in Springfield have been donated to the history collection of the Spiva Library.

Neil W. Moore, who has been active in the labor movement for 50 years, donated issues of the four-page tabloid printed from September 1977 to November 1978.

The weekly newspaper provides information on local union activities and the recent anti right-to-work activities. The collection will provide materials for students researching the social and economic history of southwest Missouri.

For 39 years the *Union Labor Record* has been the official publication of the Springfield Labor Council and the Springfield Building and Construction Trade Council and periodically publishes articles on the early history of the labor movement in southwest Missouri.

third at their first tournament at Hutchinson Community College in September of last year. This was followed by a string of second, third, and fourth place finishes in various tournaments throughout the country. A first place finish is still to be taken by this pair; this is a goal that both are striving for.

"I would like to take first at a tournament. When people asked how we did at a tourney we tell them we got second or third or whatever and they're not impressed because we didn't get first. But you have to consider that out of maybe thirty teams we place in the final four, which is good considering who we debate as partners.

"After Finton assigned us together as partners, Kelli came over and we started talking and working things out and suddenly everything clicked," said L'Allier.

Finton is the debate coach for Missouri Southern. He basically helps the team members with

strategy and gives them ideas plus helping them out any way he can.

"FINTON DOES public relations for us, gives us pep talks, helps us with problems, and will do almost anything he can for us," commented L'Allier.

Prematch nerves can wreck a debate team as well as bad planning can. Here is where the coach must often calm a team down before it can work effectively. Hopkins and L'Allier don't have this problem as much as other teams.

Hopkins explains, "Val and I know each so well that I know what she going to say and vice-versa so we're not afraid of contradicting each as some teams are. We are pretty smooth in our presentation. Val's really big on cooperation which is important."

the ANSWER MAN

By RICHARD BIGLEY

Sidewalks between dorms?

Dear Answer Man:

When all of the sidewalks were installed last year, why wasn't one installed between South Hall and the Annex?

There were a couple of factors which prevented the sidewalk from being constructed at that time. The first is that the administration wanted to conduct a study of traffic patterns. The other factor was the new dorm project (see last week's edition of The Chart). Unfortunately, sidewalks are a very expensive item and if one happens to be installed in an unsatisfactory location, the results could be disastrous. The sidewalk in question happens to be on the next agenda for improvements.

A path through the snow...

Dear Answer Man:

Why isn't there a path cut in the snow piles on the parking lot for the dorm students to walk across instead of having to climb over them?

By the time you read this, the problem should be taken care of. With 310 acres of grounds and roads to take care of, some things are just bound to be overlooked, especially with the extremely bad weather we have been having.

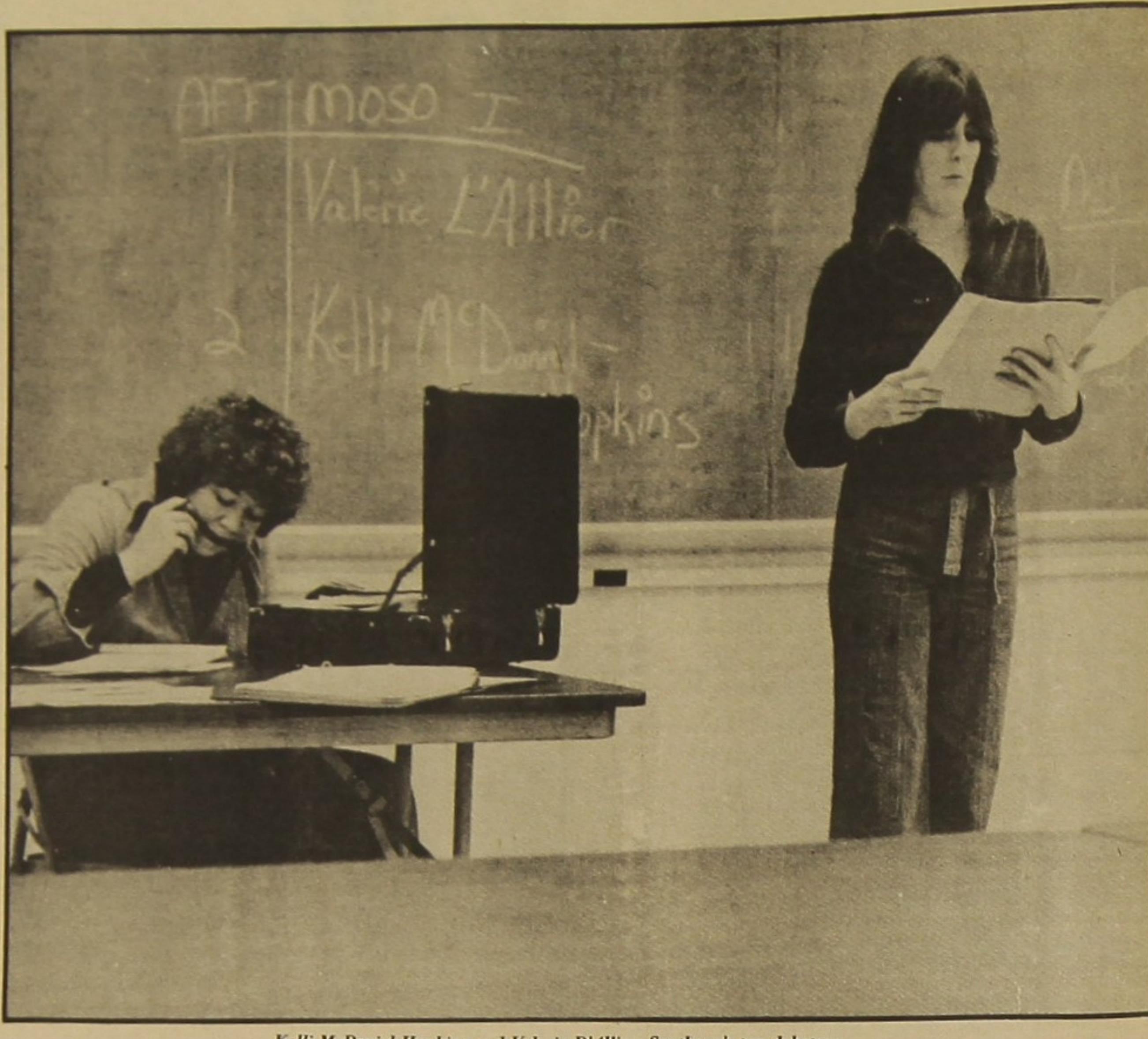
Funds to buy a clock...

Dear Answer Man:

I have heard that somebody on campus wants to use student activity funds to purchase a clock. Can this be done? If so, how do we stop it?

A year ago Student Senate allocated \$1,500 to be set aside for a future project involving the horseshoe. No one acted on this project, and the money was put back into Student Senate funds last fall. No one has said anything about it so far this year.

Only the Student Senate and College Union Board have the right to spend student activity funds. Both organizations hold open meetings and students are invited to attend.



Kelli McDaniel Hopkins and Valerie D'Allier, Southern's top debators



Not Count Dracula, but Dr. Harry Zuger, associate professor of English, appeared in Hearnes Hall on the first day of classes. The occasion was "The Horror Story," a literature course in Gothic styles.

Dr. Robert Smith authors article on first Indian to be Naval officer

The first Indian to become an officer in the United States Navy is the subject of a recent article by Dr. Robert E. Smith, head of the social science department at Missouri Southern.

The article, "Lieutenant John T. Walker: An American Indian Officer in the United States Navy," was published in the Fall issue of the *Journal of Erie Studies*.

Walker was a Wyandot Indian who became a midshipman in 1841 and later was one of the first students to attend the new Naval School in Annapolis, Md. Walker served on many ships during his career, but he managed to maintain close ties with other members of the tribe.

After the Wyandot tribe was removed from Ohio to Kansas, Walker inherited land grants in Ohio which had been originally awarded to

his father for valuable service to the government. Later he received a land grant in his own right, located on a river bottom, now under the waters of Turtle Creek Reservoir in Kansas.

But before Lt. Walker could resign from the Navy and move to Kansas with his wife and two-year-old daughter, he died in 1856 at the age of 33.

COLLEGE REP WANTED to distribute "Student Rate" subscription cards at this campus. Good income, no selling involved. For information and application write to: TIME INC. College Bureau, 3223 Ernst St., Franklin Park, Illinois 60131.

How to Study:

Experts suggest ways to improve note taking skill

[NOTE: This article on class notes is one of a series developed by college textbook publishers who are members of the Association of American Publishers. A complimentary booklet will be sent to you if you write AAP Student Service, Association of American Publishers, Inc., One Park Avenue, New York, NY 10016.]

An important factor in getting good grades in college is your ability to take clear, well-organized class notes. Listening carefully to the instructor's lecture and writing down the important points is the key to successful notetaking. The process of listening and writing at the same time will also help you understand. A few basic techniques can help.

The purpose of class notes is to record the instructor's lesson in a manner that will allow you to review and understand the material afterwards. Your objective, therefore, is to outline the main and supporting

ideas and facts so that they are clear and understandable.

Write rapidly in your own form of shorthand. Don't try to take down everything—keep to the main points. Develop your own style of abbreviating and condensing the important data. Some people leave out vowels, for instance, or use only the first syllable, and omit articles and obvious verbs. Common abbreviations and symbols found in most dictionaries can often be of great help.

INSTRUCTORS' teaching methods will differ. You'll have to be alert to each one's style and organization. Often they start each class with an overview or outline and use it as a framework for their lecture. This, of course, is a good reason for being punctual.

Outlines, diagrams or lists that instructors write on the board are usually important. It is a good idea to record these in your notebook, unless you know that the same

material is already covered in your textbook.

Indenting and spacing will help make your notes more readable. Start a new line out to the left for an important heading. Indent subheads under this and so on.

START A NEW PAGE for each class, with the date and topic heading the page. When a new major topic or division is introduced, begin another new page so that you will have enough room to record the appropriate material under it.

A lined 8½ x 11" notebook is recommended. On the front cover you can paste your work schedule, as well as your name, address and phone number in case you ever misplace the notebook. You can keep all your class notes, and the instructor's handouts, in this one book by tabbing sections for each course. You can also add or delete notes or fresh paper as you need to. Most students, by the way, find that notes

made in pen are much more legible and durable than those in pencil.

IT IS BEST to write on the right-hand pages only. You can then make your own study, review, or textbook notes on the left-hand pages.

Put down questions as they occur to you in class and hold them for the appropriate moment. They might be answered or become unimportant in a few minutes. But if not, you'll want to have them answered either in class or later.

Be alert to the instructor's tone, emphasis or questions. These may be clues to things that will appear on an exam. For example, if Professor Smith says, "Five important reasons for the treaty were" or "Remember now" you can be sure those are things to be recorded.

CLASS LECTURES and textbook assignments do not always parallel each other. Your class notes will reflect the instructor's approach to

the topic, but you might find it helpful to make additional notes from your textbook on the left-hand page across from your class notes.

Design your notetaking system so that you have sufficient room to record the instructor's material, your reading notes AND your review notes on one page or two opposite pages.

Remember, review your class notes as soon as possible after the session has ended. In this way you'll be able to correct, clarify or fill-in where necessary. This review time will also be critical in helping you remember the class material when it is fresh in your mind.

ONE STYLE of notetaking, developed at Cornell University, has been very helpful to students. On every right-hand page, draw a vertical line from top to bottom, 2½ inches from the left side. In class use the large 6 inch column on the right for recording the lecture material. After class and during study times, use the smaller left-

hand column for making your own review notes. By marking down the key word, idea or fact, it can help you remember what you are studying and help you review for exams. Some students find it helpful to use a colored marker or pen during review to underline the important words or phrases.

Completing textbook or reading assignments before each class will help minimize notetaking in class. You will know whether the material under discussion is in the text or not. You will already have underlined the important ideas in the book, so you won't have to duplicate these points when the instructor makes them. Instead of taking down these same facts write "refer to textbook chapter."

Typing or rewriting notes is normally a waste of time, if they are legible, accurate and complete it is much more productive to spend your time reviewing the notes, reading your text and keeping up every day and every week with your studies.

Gallery exhibit will feature sense of place

A special exhibit, "Drawing: A Sense of Place," will be presented by the advanced drawing students at Missouri Southern during February. The exhibit will open Monday at 2 p.m. in the Balcony Gallery of the Fine Arts Center, to run concurrently with the Spiva exhibit.

Students of Darral Dishman, head of the college art department, made interpretive drawings of places which they regarded as their special places for meditation, peace of mind and for keeping in touch with themselves. The project challenged the artists to communicate through the drawings the feelings associated with that special locale.

The public may view the exhibit through Feb. 28, 9 a.m. to 4 p.m. daily, 9 a.m. to noon Saturday, and 2 to 5 p.m. Sunday.

"

The principle of timely reading is basic to successful study. Timely reading means that you read your textbook assignments at the best possible time—before you go to class to hear the professor's lectures covering the material. This will assure better understanding of what the professor says and, thus, will insure that you take better notes during his lectures."

William F. Brown

Wayne H. Holtzman

A GUIDE TO COLLEGE SURVIVAL

Prentice-Hall

"

If you are willing to improve your desire to learn and your study habits, you will at least come to understand what knowledge is; how difficult it is to attain, how much industry, thoroughness, precision, and persistence it demands if you are even to have a distant glimpse of it."

William H. Armstrong

STUDY IS HARD WORK

Harper & Row

Dionne Warwick thought Red Cross was only about hurricanes.

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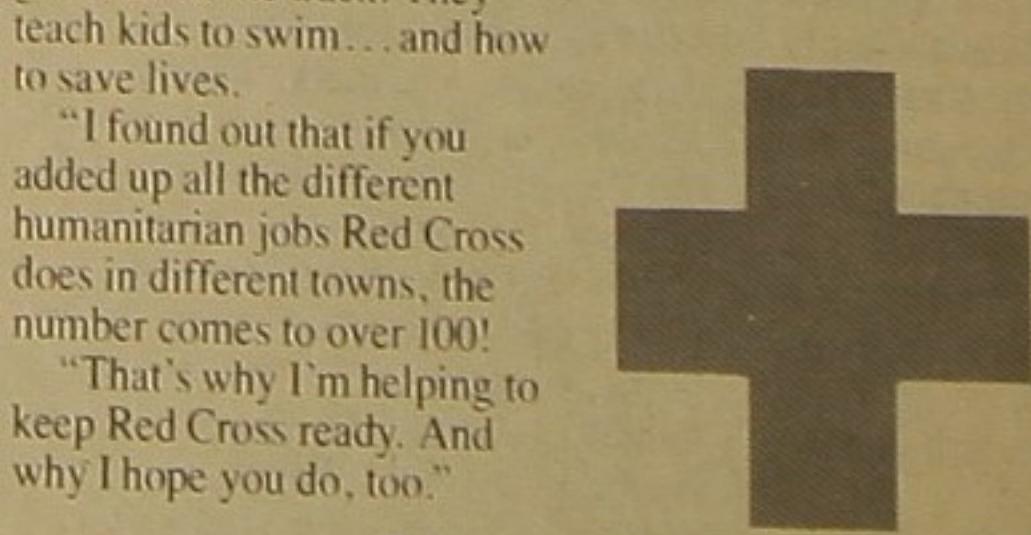


"True, I always thought of Red Cross as a kind of rescue force in times of disaster and little more."

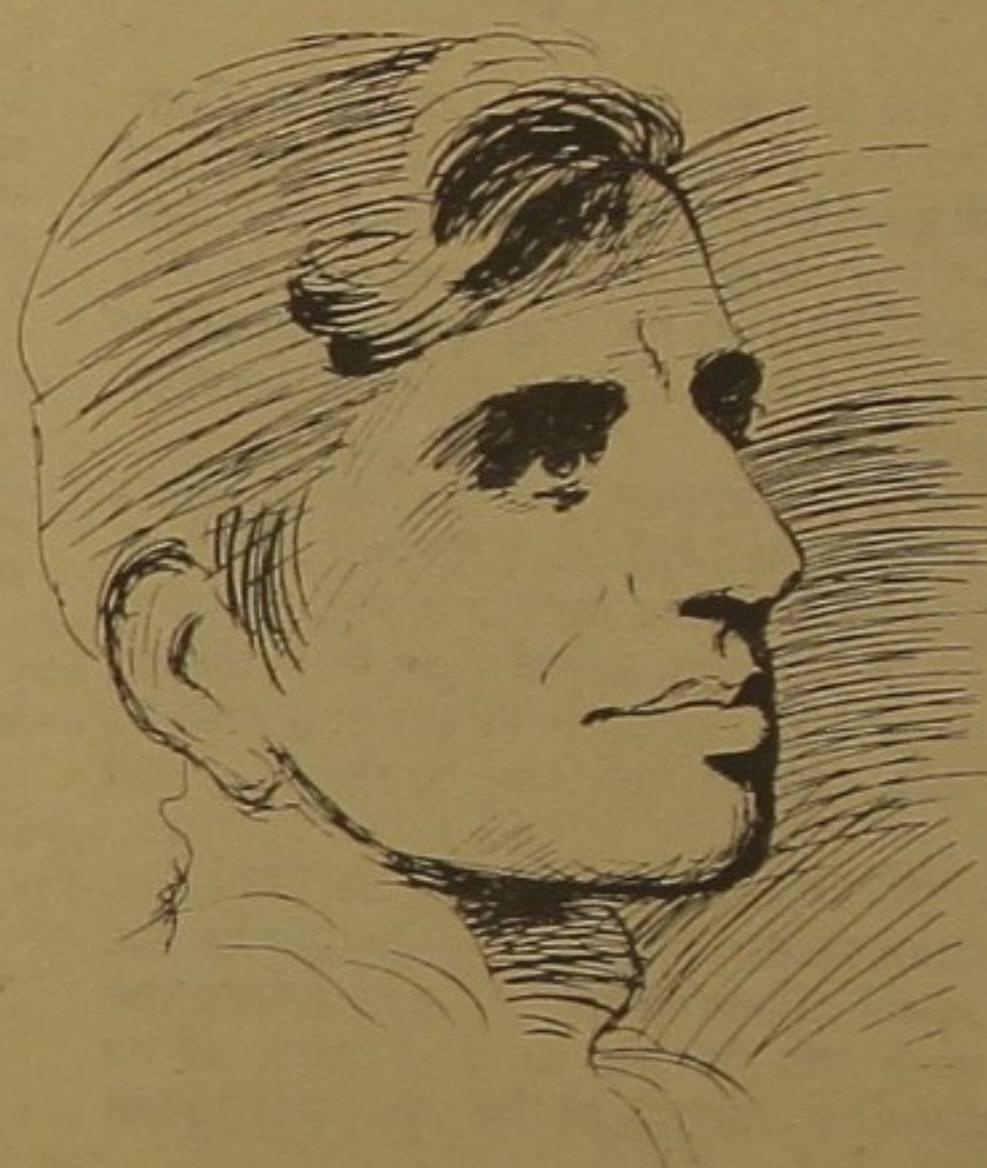
"Then I learned that in towns and cities across America, Red Cross gives the kind of help to individuals that you rarely hear about, because it doesn't make headlines in the newspaper."

"That's why I'm helping to keep Red Cross ready. And why I hope you do, too."

"Red Cross, for instance, helps elderly people get to doc-



Keep Red Cross ready.



JOHN HENRY NEWMAN

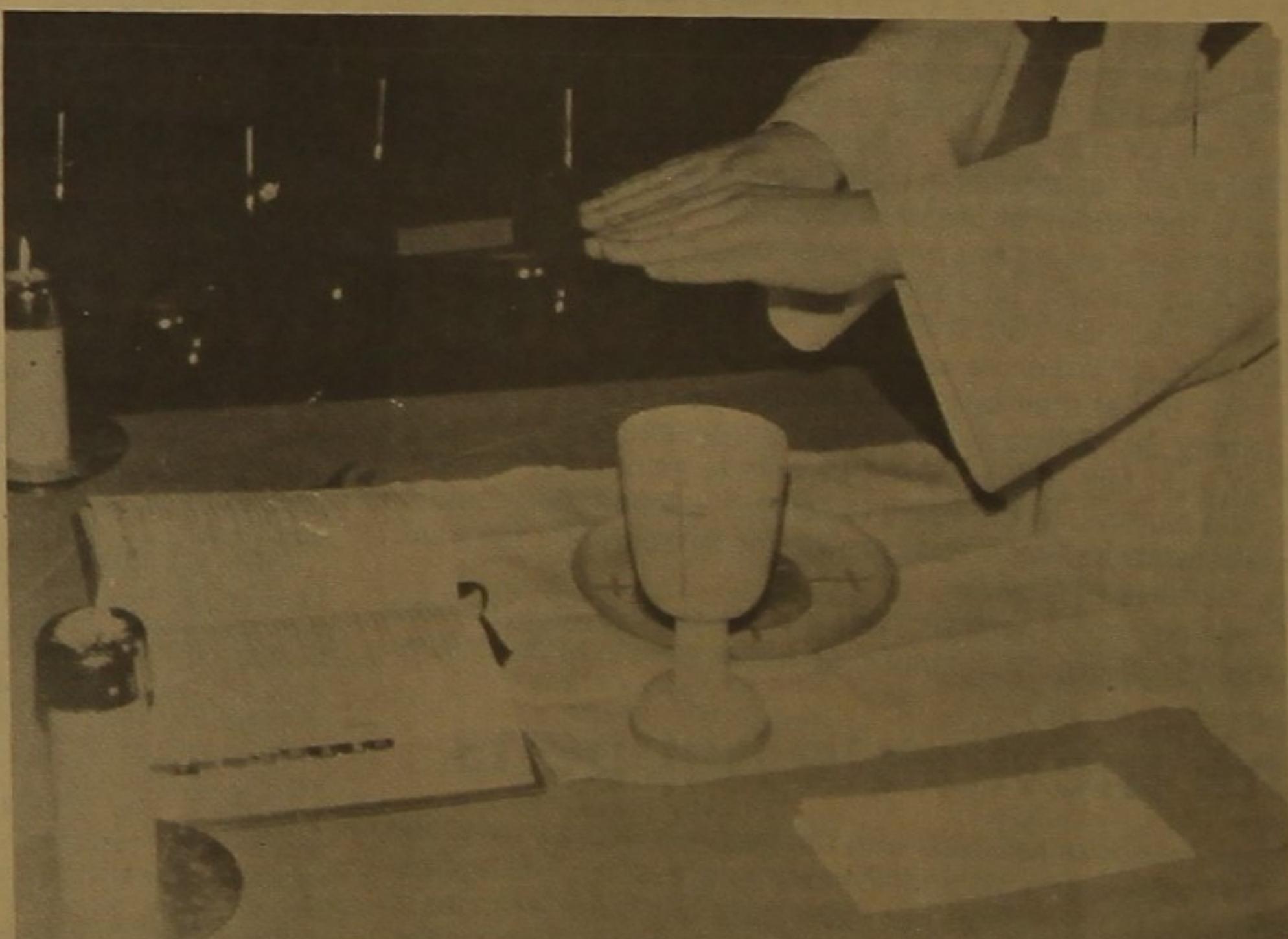
NEWMAN COMMUNITY

The Roman Catholic Student

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Sunday Evening Masses

5:30 p.m. at the E.C.M. (Ecumenical Center Ministries) Building on the southeast corner of Newman and Duquesne Roads. Musical instruments are always needed and welcome.

Reverend Fergus Monaghan, Chaplain, 217 South Oronogo, Webb City, telephone 673-4249.

The Chart

Missouri's Best College Newspaper

The Chart, the official newspaper of Missouri Southern State College, is published weekly, except during holidays and examinations periods, from August through May, by students in journalism as a laboratory experience. Editorial views do not necessarily represent the opinions of the administration, the faculty, or the student body.

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Mutrux deserves praise

Last Friday members of the Student Senate Crosswalk Committee met with Senator Richard Webster. In this meeting plans were made for their appearance before the State Highway Commission. The committee will meet with the Commission in April at the state capitol in Jefferson City. At the meeting members of that committee will present their evidence on the need for traffic control on Newman Road.

With that appearance, the committee will display a year's work and preparation for this event. Although the fight for traffic control on Newman Road has existed for many years, this is the first year that a real effort has been made to seek a solution for the problem. Even though the semester might end with no such solution, the effort has been made, and hopefully it will continue.

The work on this year's effort has been led by Robert Mutrux, a junior senator. He is, if not solely, mainly responsible for the achievements of the Crosswalk Committee. That is where the credit should lie. Not with the Senate or any other of its members. Mutrux set out at the starting of the semester to get something done and he did.

It is not very often that such a problem can be brought to light in the manner in which Mutrux handled the crosswalk matter. Under Mutrux, the Crosswalk Committee has attained the interest of the college and several of the state legislators from the area.

Maybe more important than the fact that an end to the problem might be at hand is the fact that the Crosswalk Committee has actually used the full powers of the Student Senate and used them in a manner that shows the full power of the Senate.

Foundation for future

It now seems that Missouri Southern is in many ways coming of age in the world of colleges and universities. Southern is now facing several problems that most colleges and universities have been facing for several years. These problems come in the area of money and students. The budget problem has been hashed over before and will continue to be. With a fewer number of students, holding a steady enrollment might become a problem for the college. There is one group of people that could in many respects help the college in both these areas; that group is the alumni of Missouri Southern.

And recently a step has been taken by the Board of Regents to seek these people out and gain their help. Although the Missouri Southern State College Foundation was started in 1968, no real hard drive was made to increase the usefulness of this tool. But at their last meeting the regents took such a step, by naming Sue Billingsly director of the foundation.

With luck, Mrs. Billingsly will be able to gain further support from the alumni. In the years to come, the foundation could be the difference between small growth for Missouri Southern and large increase of growth.

It will be those persons, who in the past graduated from Missouri Southern, that ensure the futher growth of the college.

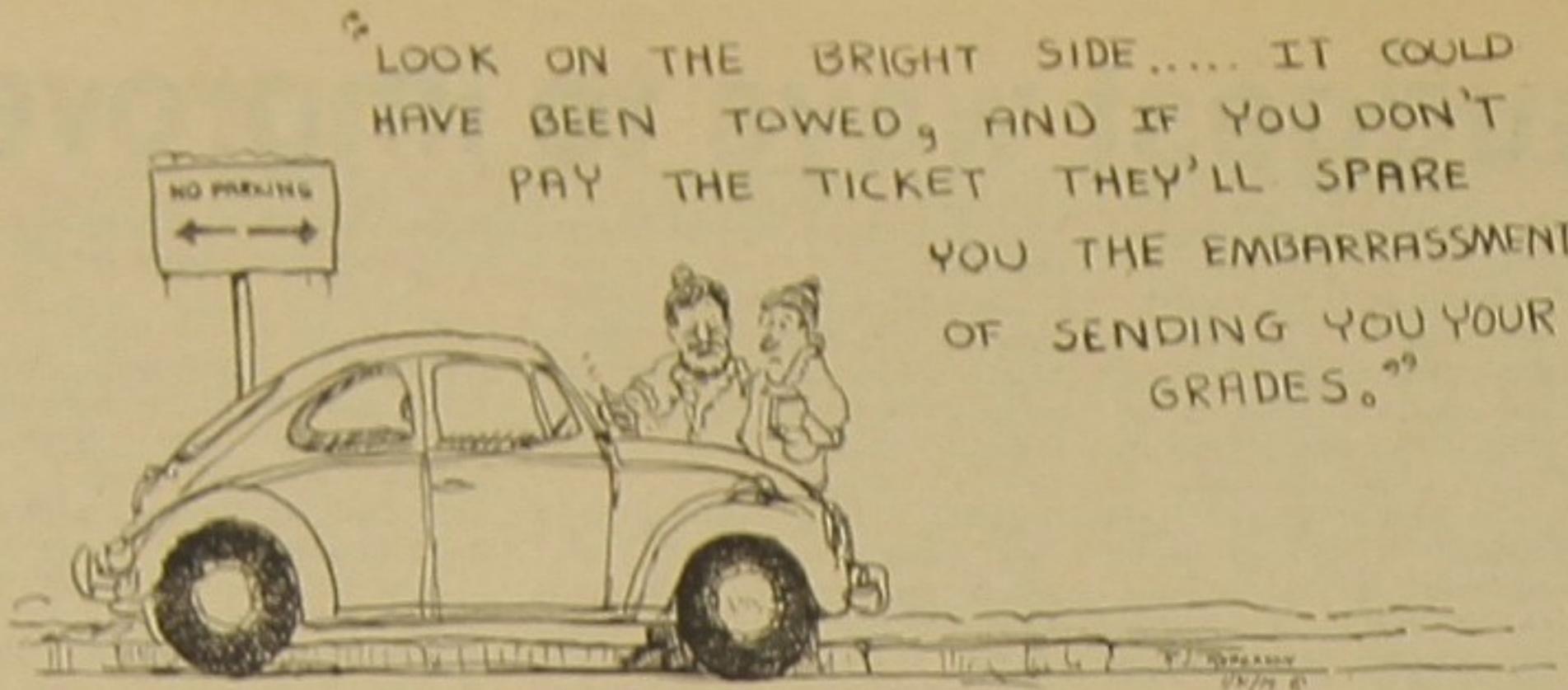
The inevitable happens

Normalization of relations with the People's Republic of China was politically inevitable and economically feasible. The nuclear age brought the arms race but more importantly the weapons of food, energy, and struggle for human decency. The United States and the Union of Soviet Socialist Republics learned they could no longer bully the others or themselves any longer—for Peking's day had come.

Marriage of three would be unnatural since it would mean incest of the twin communist brother and sister, whose hatred threatens to destroy the family altogether. Taking sides being the American way, so enters the U.S. and the beginning of a semi-pro-Peking era.

The Chinese may not live up to accepted U.S. standards of living but they are living and who can say a population so tremendous would have survived any democracy American style. People are their greatest resource to which Americans hide both fear and respect. But the U.S. has the goods they yearn for and as a capitalist nation can well foresee the trade benefits a friendly relationship could bring. The U.S. could well take in \$40-\$50 billion in the next few years.

Dollar signs already are appearing in the eyes of Bethlehem, U.S. Steel, Kaiser, International Hotel, Hyatt, and Boeing. Peking's search for modernization has signed contracts for: iron ore mines and processing facilities, \$1.2 billion; hotels, \$1 billion; copper mine development, \$800 million; and three 747 aircrafts, \$150 billion.



Clark Swanson:

It's only human nature, so to speak

By CLARK SWANSON

One of the most amusing things that I have come up against in the past few years is a thing called human nature. We all have it, even though some of us don't like to admit it to ourselves or any one else for that matter.

One of the most uncommon of all human instincts is that one which forces people to work. It seems that some of us just like to work. There are those who will turn no job down; if there is a job to be done they will do it and in most cases with pleasure.

However, one thing that always threw me was that these people would gripe about the job they were doing. But deep down inside you and everyone else around them know that they loved doing the job.

But there is one sad fact about

these people; they always end up getting used by other people. There is always one person in the crowd that figures out that the guy beside him is a workaholic, and usually ends up pushing his work off on the other guy. I have great admiration for those who constantly work, but for those who use that poor worker, they should be burned on a cross.

There is always one other person who ends up getting burned in one way or another. That is the good old type of fellow. He is the type of guy that will do anything for his friends, and has never once failed to do so. These persons are always the nicest people you will ever meet; in fact this is the kinda of guy that I would want my grandmother to marry.

Still, as with the workaholic, there are people who take advantage of the good old boy. They mouch off them,

Letters to Editor:

Writers protest use of profanity

To the Editor of The Chart:

It is said that profanity and vulgarity are for those who lack the intelligence to otherwise express themselves.

I have reference to an apparently acceptable practice at our basketball games to use vulgarity in rhythmical chants as part of our cheers. I sincerely hope and would like to appeal to our student cheering section that those cheers that embarrass and offend be dropped from the repertoire.

Under the guise of spirit and support some feel that anything goes. But it is totally unnecessary to resort to vulgarity and gutter language to show support. Good sportsmanship and good taste are the hallmark of a

class program, and that includes the fans as well.

We have enough clever students at Southern who should have no trouble finding original and witty slogans that won't offend or embarrass.

I might add that our corps of cheerleaders are the most talented we had in a number of years. Let's support them and our team. But let's do it in good taste.

Thanks.

Hal Bodon
Soccer Coach

To the Editor:

In regards to Jim Allman's column in the last edition of The Chart:

There are 10 reasons why a man should swear:

1. Because it pleases his mother.

2. It is a fine mark of manliness.

3. It shows he has self-control.

4. It indicates how clearly his mind operates.

5. It makes his conversation pleasant to all.

6. It leaves no doubt in the mind of people as to his good breeding.

7. It impresses the public that he has more than an ordinary education.

8. It is an unmistakable sign of culture and refinement.

9. It makes him very desirable among women, children, and respectable society.

10. It is his way of honoring God who said, "Thou shall not take the name of the Lord thy God in vain for the Lord will not hold him guiltless that taketh his name in vain."

(Name withheld)

Kay Albright:

I don't really care about apathy

By KAY ALBRIGHT

Actually I'm getting tired of all these people picking on apathy. All the editorials, speeches and admonishments that we have to combat this poor defenseless five letter word. In the interest of justice and equal time it is now time to grasp the opportunity to say something good about apathy.

Apathy is a popular past-time practiced by millions of Americans not to mention other nationalities. I wouldn't say it was enthusiastically practiced but there is a national movement for more apathy. It does seem to have advantages over joggling and needlepoint.

Apathy is easy to spell and pronounce. Now I realize this is no biggy for anyone else but it is a well known fact among my cohorts in crime on this paper and my various teachers that spelling is not my strong point. Like Lois Lane in "Superman" I'm still not too sure how many p's rapist (or is it rapist?) has in it. As for pronunciation—people always know the word you are trying to say unlike the recent controversy over the word "condominium" not to be confused with something carried in male billfolds.

Apathy makes as good a pet as a rock. You don't have to feed it, teach it tricks, housebreak it, or worry about more little apathies running around the house. They don't cost very much, can be given as gifts and are very adaptable to almost any household and personality. Apathies don't even have to be named but some good names for your pet apathy are *magh* and *omisum*.

Apathy can be found anywhere. It can be found on college campuses. It can be found in people and animals. In fact a large herd of apathies were found moving toward Washington

D.C. and I caught one in The Chart office and now keep it in my desk with my nose-spray.

Actually my favorite idea to make apathy more acceptable would be to have a tv game show. Picture your typical game show set with absolutely NOTHING happening. Can you imagine the visual impact—the lack of hysterical contestants and moronic M.C. and frothing audience? Just thirty minutes of lack of interest, broken intermittently with commercials. It would make a real break in the day.

Apathy has strong possibilities for a campus or even national organizations. Think of it, no meeting with no one showing up where no one pro-

poses anything and no one votes and nothing gets done. I thought a club had been organized like that but it's going under another name. If anyone is interested in this idea the first thing to do, in keeping with club rules, is not to do anything about it or you will be immediately disqualified.

One last comment about apathy, now that I've given you a more positive viewpoint is that some people really like apathy. Not particularly the ones that practice it but the ones who utilize it in other people. Like a little German with a funny mustache, a recent president, terrorist groups and officials at all sorts of campuses and organizations. Now if they like it then it can't be all bad.

Dave Meadows:

Senate needs input

By DAVE MEADOWS
President, Student Senate

Activities and involvement are goals set forth this spring semester by the Student Senate.

New projects are being started, and lots of ideas are being looked at.

One of our major efforts at present is the establishing of crosswalk lights on Newman Road. Many close calls have been experienced, and the Senate is doing something about it. A delegation has been formed and is working hard on a presentation which is now on the State Highway Commission's agenda for a hearing. The Senate hopes for action before next semester.

As in the past, the Senate plans to sponsor the annual Muscular Dystrophy Dance Marathon. A resolution is now before the floor to allocate up to \$1500 for the event

with a special committee working with Kappa Alpha and Delta Gamma to add new aspects to the event.

The Senate also will be involved in annual events such as the Spring Fling and the all-school party. Some of the ideas brought up for other activities include opening the track and gym during evenings, a student bike caravan, a car show with prizes and trophies for students, faculty, and administration, and cooperation with the Alumni Association in special activities for graduates and their families on commencement day.

In order to more efficiently represent the student body, more input is needed. Open Student Senate meetings are held Wednesday afternoons at 5:30 on the third floor of the College Union.

I personally encourage students to come and voice their opinions.

Susan Campbell: I'm just the average ordinary girl

By SUSAN CAMPBELL

There's one in every crowd.

Depending on your locale, it may be the guy with a Camaro delivered to his door (they said he paid cash-on-the-barrelhead for it) at sunrise on his 16th birthday.

Depending on your gender, it may be the girl who had to hide in the showers during seventh grade p.e., because over the summer she, in the words of those little blue books they handed out at that disgusting film, "had blossomed."

It's those sickening overachievers who daily, hourly, yea, even minutely, threaten to undermine normalcy.

Worse yet, it's the society that constantly points to the average type and says "Uck, a schmuck."

I used to be happy-go-lucky until I realized that not one of my teachers had recommended that I skip a grade. I plodded along with the rest of the herd through Sally, Dick and Jane, long division, and bathroom humor.

Come to think of it, my California reading test scores were never revealed. I never learned the results of that oh-so important test, where they made us scoop our desks apart and keep one extra pencil sharpened in our holder.

There's probably a computer somewhere with my name and social security number on a card stamped "loser" or "average." My parents would be so embarrassed to find out... maybe they already know.

Come to think of it, things got a little cool with them after that test. Were they notified directly that their golden daughter was nothing more than a statistic, good only for a walk-on in a detergent commercial?

They had such high hopes... but then, so did I.

All that time I thought I'd eventually catch up with Donna, who could spell her whole name on the first day of first grade. And she had four names to spell. My parents saw fit to endow me with the average three.

Or Kelli, who knew Robert's Rules of Orders at age 8. I did well to remember that young ladies do not sit with their legs like a fullback's. My sixth-grade teacher insisted it was his God-sent duty to ease us "girls" over the threshold into "womanhood" by strapping coathangers onto the legs of offenders who chose to sit like a fullback. But, I wander...

I even had visions of being on the same level with Rick, who in his formative years started preparing for a career in power politics.

I did well to get nominated, not elected mind you, for safety captain, the hardy soul who would remain behind during fire drills to open the windows. I wanted that office badly. It would prove my bravery. Alas, I was defeated on the first ballot by, you guessed it, Rick. But, again, I wander.

They, the winners, were all observed furtively by me, the only average one of the bunch. I hadn't been to California, my tan was good only in the dark, and my mom wouldn't let me cuss.

The only trail I blazed was being among the first of the girls to shave my legs. And that only after weeks of begging, citing example of young ladies being called "Gorilla legs" throughout their school careers, simply because they were allowed to brandish a razor a tad too late.

I'll always have the correct change. I'll never get lost on a bus. Until Miss Clair or old age takes over, even my coloring will remain, sigh, in the mean group.

I've never had an aunt bring me a jar of candy from Japan. My mail consists of stereo ads marked "Occupant." In letters from my prospective colleges, the heading reads, "Dear Student, You are just whom we've been looking for."

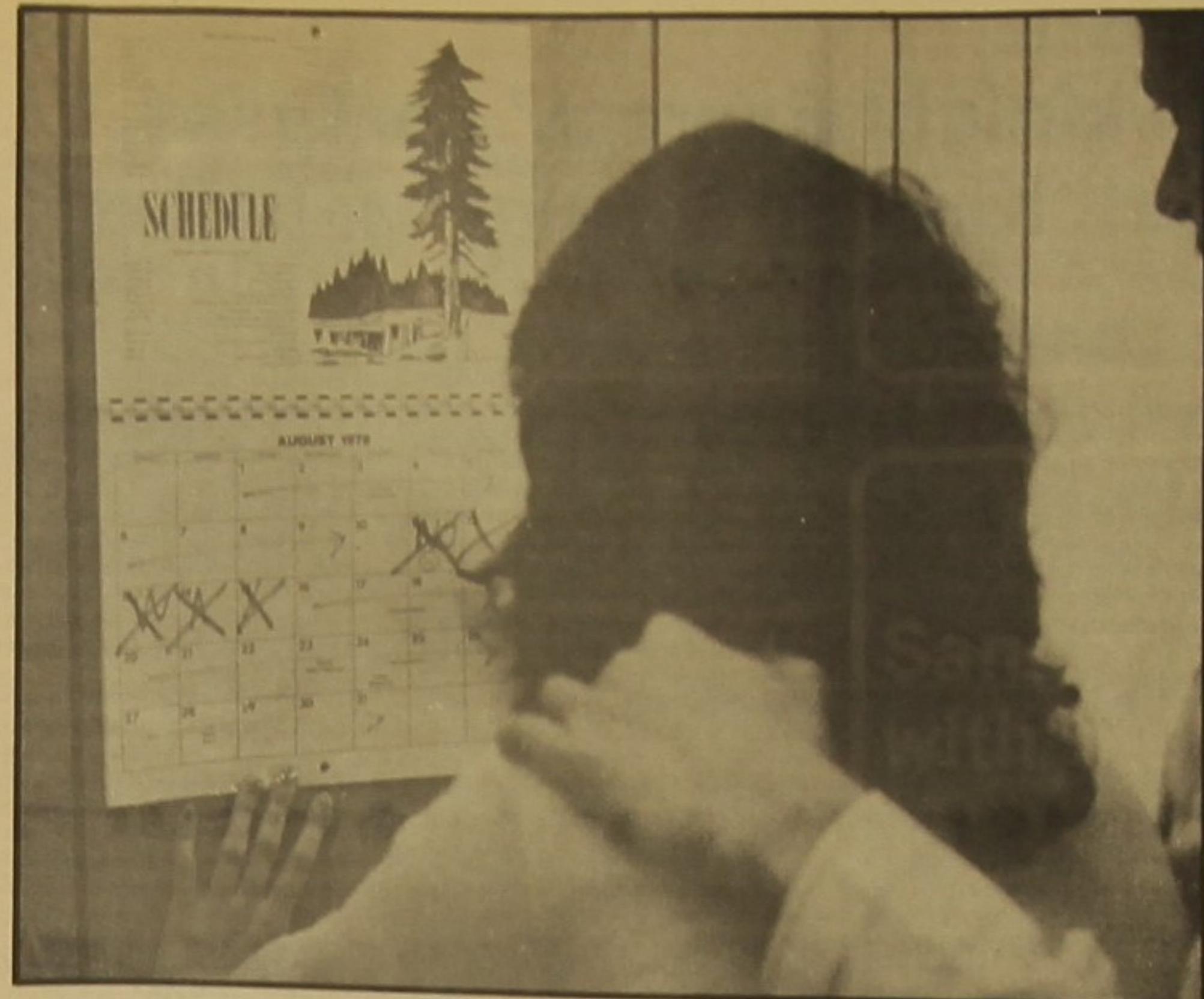
Does that mean they'll take anyone who can read?

No traumas to recall, no large source of past experiences to call on...

Doomed forever to a life of normalcy.

I'll probably even bear 2½ children, following statistics to the letter.

Only after marriage, though. I understand that's how most girls do it.



"I couldn't believe how—and I hesitate to use the word—backward things are here about birth control. People are just not as educated as they should be."

Birth control still no-no topic

By SUSAN CAMPBELL
Managing Editor

If past habits tell us anything, your mother probably didn't tell you what you're about to read.

In fact, if you're an average college student, what you already know about birth control you picked up from friends or personal experience.

Alan Polk, director of Family Planning in Joplin, is from Chicago, where public schools required, as long as twelve years ago, some course in sex education, along with information provided about contraceptives.

Not so here.

"I COULDN'T BELIEVE how—and I hesitate to use the word—backward things are here about birth control. People are just not as educated as they should be," he said.

Five years ago, Jan Walker, as a nurse at Carl Junction public schools, taught a menstrual hygiene course to a class of young women. She received several letters from parents forbidding their daughters to enroll.

"It's sort of a waste," said Walker, now a nurse with Family Planning, "because the kid's going to menstruate, no matter what the parents do. We are living in Victorian times, swept under the rug, with double standards for sexual behavior and a hush-hush attitude about birth control."

"WHAT I'M RUNNING across a lot in my counseling is the father pushing the job of explaining the whole thing off on the mother."

But most mothers refuse to discuss birth control methods with their children, fearing that their acknowledgement of the existence of such devices would be mistaken as an approval of premarital sex.

"That's a lot of bunk," said Walker. "If you ignore the fact, then you have a scarred-up little girl with an abortion to haunt her the rest of her life. And don't think it doesn't affect them

either. An unwanted pregnancy is quite a thing to contend with."

According to Walker, using birth control and planning when to have a child has far-reaching effects.

"WE FEEL THAT the mother is the hub of the household. With wanted children, there is no abuse and the house is happier, thereby decreasing the number of husbands who don't want to go home. We might even be keeping the divorce rate down," she said.

At Family Planning, counseling, medical examinations and birth control devices are administered, on a fee that varies according to the income of the patient. According to Walker, women there ask for the pill more than any other contraceptive.

"They've all heard about the pill, but I make sure they know what they are getting into. We don't just hand out medication.

"I ask them if they know how often they'll have to take it, when their period is and what alternate means of birth control they are planning to use. The pill keeps the body in a continual state of false pregnancy. After ten years of that, another method should be found. By ten years, at least," she said.

In the more effective contraceptives like the pill, side effects can occur. The pill leaves the woman feeling depressed, with little desire to eat. Some women may develop blood clotting and vaginal spotting.

IN THE CASE of an intra-uterine device, worn inside the body of the woman, cramps may result, with bleeding. Not every woman can use an IUD, which requires a prescription. A complete pelvic examination before insertion makes sure the choice is right in each case. The method is 96 percent effective.

New developments in contraceptive "shots" render highly effective protection from pregnancy for as long as 90 days after injection. Research in this area is not complete, though.

"Morning after pills", which contain a high dosage of one hormone, are designed to be taken within 24 hours of unprotected intercourse. The pill often results in severe nausea.

IN MOST CONTRACEPTIVES with no side effects, chances can be as great as 4-1 that pregnancy will occur. The diaphragm, one of the more effective, a small rubber cup a woman inserts in her vagina to cover the cervix (entrance to the uterus), must be in place during intercourse and left in place six hours after.

The rhythm method, or refraining from sex during the few days a woman can become pregnant (usually half-way between her periods), is unreliable. For accurate timing, an exact body temperature reading is necessary, along with a record of menstruation.

Jellies, creams or foams, as non-prescription methods, rank in medium to low effectiveness. When the method works, and is accompanied by either a diaphragm or condom, sperm is prevented from fertilizing the egg.

Condoms, or rubbers, are also non-prescription, but are highly effective,

if used both during foreplay and removed with care to prevent semen from entering a woman's vagina.

SOME EXTREMELY ineffective methods of birth control include douching and withdrawal before orgasm.

It takes only a second for a seed to travel up a woman's fallopian tubes to fertilize an egg. If a drop of semen, containing millions of seeds, is emitted, no amount of douching can prevent the possible pregnancy.

Permanent birth control, or sterilization, is rapidly becoming the most widely used method for people over 30.

For younger couples, the permanent blocking of tubes through which sperm or eggs pass, is seldom an attractive alternative.

Said Polk, "I talk mainly with younger men and women. Most of them ask about the pill and other temporary means of contraception.

"Some still hold to the belief that birth control takes away from the spontaneity of it all, but why chance it?"



Sanger, early birth control advocate, met with stubborn resistance but continued on

By MARIE CESELSKI
Associate Editor

Margaret Higgins Sanger (1879-1966) was a free-thinking Catholic feminist who advocated birth control and organized the reproductive freedom movement.

"Mothers whose physical conditions were inadequate to combat diseases were made pregnant, through ignorance and love, and died . . . all because these mothers were denied by law knowledge to prevent conception," she wrote.

She saw the effects of withholding contraceptive information in New York in improperly administered or self-induced abortions.

The Federal Obscenity Act, known as the Comstock Law, prevented dissemination of birth control information.

REPRODUCTIVE FREEDOM became her personal crusade. She was, however, with disreputable company of the times who saw birth control as another outlet for their

issues—anarchists, socialists, and extreme feminists.

Suffragists saw contraception as a valid grievance but preferred to wait until passage of the Nineteenth Amendment to announce their advocacy.

Sanger's journal, *The Woman Rebel*, was confiscated by the post office. In 1914 she was indicted for publishing "obscene" information. She went to Europe to escape arrest.

WHILE IN EUROPE she studied contraceptive methods and government-approved family planning clinics in Holland and Denmark.

Back in the United States her husband had been thrown in jail after violation of the Comstock Law. This incident drew favorable public attention toward the movement.

Sanger felt that more children should come from "the fit, less from the unfit." Unfit was usually defined by her as feeble-mindedness but some associates in the American Birth Control League were explicitly racist.

A few physicians became in-

volved in the birth control campaign because of interest in population control possibilities. Dr. Abraham Jacobi, president of the American Medical Association in 1912, endorsed birth control, referring to the high fertility of immigrants and rising cost of welfare.

Close friend of the Sangers, Dr. Robert Dickenson, however, urged his fellow doctors to "take hold of this matter and not let it go to radicals."

IN 1916 SANGER and her sister, Ethel Higgins Byrne, opened the first United States birth control clinic in the slums of Brooklyn. Both were arrested, tried and sentenced to one month in the workhouse for violation of the Comstock Law.

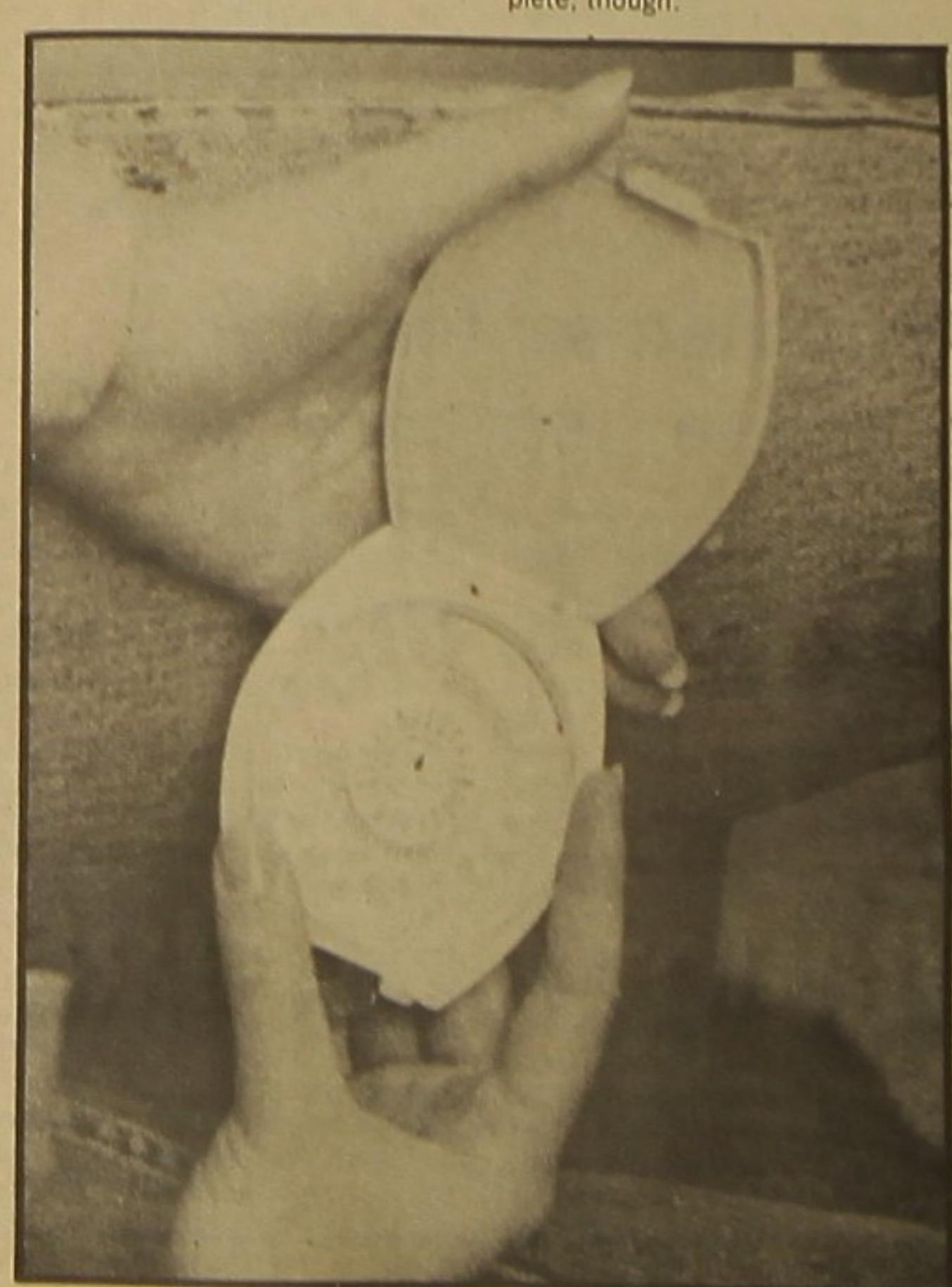
During their jail stay, Byrne held a hunger strike and almost died. The stunt gained them front page publicity and more public support.

Shortly after their release a New York law was passed granting physicians the right to give birth control advice in cases where the health of the mother might be impaired by childbearing.

PUBLIC OPINION GREW rapidly in support of the reproductive freedom movement despite strong opposition from the Roman Catholic Church. Contraception became legal in 1938 when a court ruling allowed physicians to import, mail, and prescribe birth control devices.

Historians have written that Margaret Higgins Sanger was a fanatic and often used unorthodox methods to reach her goal. Also told, however, was the horror that haunted her life after working in the New York slums—the image of unwanted children born into families too poor to support them, mothers looking upon motherhood as a disaster and of mothers forced to end unwanted pregnancies by illegal operations that were dangerous to their health.

"We want children to be conceived in love, born of parents' conscious decision and born into the world with healthy and sound bodies and sound minds," Sanger wrote.



WHERE TO?

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EASTGATE

THE LOVE BUG—(G).



By BETH SURGI

5. What was Sgt. Joe Friday's badge number on *Dragnet*?

6. On the original *Dick Van Dyke Show* Dick portrayed a comedy writer for what mythical TV show?

7. Sky King flew a twin-engine plane named what?

8. Name the head Musketeer on the original *Mickey Mouse Club*.

9. Who was the boss of the Man from U.N.C.L.E.?

10. Were the dogs who have played Lassie male or female? Or were both males and females used?

11. What was the name of the character Lloyd Bridges played on *Sea Hunt*?

12. What was the exact familial relationship between Adam, Hoss, and Little Joe Cartwright?

13. How did Jim Anderson make his living on *Father Knows Best*?

14. Who was the first host of *The Tonight Show*?

VARIETY

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Adults \$6, Students and Children \$3

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TRIVIA

For the lover of trivia, try these questions—the first in a series. Today's questions are from a new book, *The World's Most Challenging TV Quiz*. Answers are at the bottom of the column.

1. Who lived at 1313 Blueview Terrace in Los Angeles?

2. Name either of the two Army posts where Sgt. Bilko was stationed.

3. What famous children's TV personality played Clarabell the Clown on *Houey Dooey*?

4. Whose money did Michael Anthony dispense on *The Millionaire* and where did the eccentric benefactor live?

ANSWERS

1. Chester A. Riley, 2. Ft. Dix, N.J., 3. Bob Keeshan, 4. Captain Kragg, 5. John Beresford Tippin who lived in Grafton, Calif., 6. The Alan Silverstone, 7. The Songbird, 8. Jimmie Dodd, 9. Mr. Alex Brady Show, 10. The Alan Silverstone, 11. Mike Carroll, 12. Melies 13. They were half brothers, 14. Steve Allen, 15. Steve Allen, 16. Mike Nelson, 17. The Wreath, 18. Carlotta, 19. Mr. Alex, 20. Waverly played by Leo G. Carrol, 21. Mrs. Helen Hayes, 22. Eddie Albert, 23. The Alan Silverstone, 24. John Beresford Tippin who lived in Grafton, Calif., 25. Captain Kragg, 26. John Beresford Tippin who lived in Grafton, Calif., 27. The Alan Silverstone, 28. Jimmie Dodd, 29. Mr. Alex, 30. The Songbird, 31. Carlotta, 32. Eddie Albert, 33. John Beresford Tippin who lived in Grafton, Calif., 34. Captain Kragg, 35. John Beresford Tippin who lived in Grafton, Calif., 36. Carlotta, 37. The Alan Silverstone, 38. Jimmie Dodd, 39. Mr. Alex, 40. The Songbird, 41. Carlotta, 42. Eddie Albert, 43. 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John Beresford Tippin who lived in Grafton, Calif., 534. Captain Kragg, 535.

Ah! It's a blessed thing!

One-third of life spent sleeping—some needed

By SHAUN SKOW

Probably one-third of every student's life is spent doing nothing but sleeping, according to a graph located in *The Competent Infant* by Joseph Stone. Although it seems that people may be wasting their lives away during this process, a certain amount of sleep is necessary. Dr. J. Merrell Junkins, head of the psychology department at Missouri Southern, believes the amount of sleep needed depends on the individual.

"There are a lot of variables involved in deciding how much sleep a person needs," Junkins explained. "Past experience, habits, and a person's metabolic rates are some of the factors involved."

Tony Calwhite is currently teaching personal health classes on campus and he believes people are getting more sleep than they need. Having at one time slept 12 hours at a whack, Calwhite now settles for a mere 5 to 5½ hours of rest per night.

"EIGHT HOURS' sleep is too much for the average student," Calwhite explained. "Sleep is a mental thing. People say they have to get a certain amount of sleep because they have always been told this. They are, in effect, sleeping their lives away."

Like Junkins, Calwhite believes the amount of sleep needed depends on the individual. He explains his reasoning for this as being due to the physical differences of people.

"It depends on how well the ex-

change of gases takes place to and from the body," Calwhite said. "The less oxygen brought into your lungs each breath, the more fatigued you become. The efficiency of how your body works determines the amount of sleep you need."

"A person active, energetic, and involved in many activities would need a lot of sleep," Junkins added. "It all has to do with what your body demands of you, though."

NOT BEING ABLE to compare with other people on deciding how much sleep you need may bring up a question of just how much sleep you should get as related to your life style.

"People who have strenuous, physical jobs may require more sleep than other people," Calwhite said. "People who do a lot of mental work would require a lot of sleep, also." He went on to say, "I can tell whether I've had enough sleep at night or not after I wash my face in the morning. If my eyes feel grainy or heavy, I know I didn't get enough sleep."

People have already set their patterns for sleeping, though, and to lower the amount of hours a person sleeps would cause a sense of tiredness, according to Junkins.

"If you get less sleep than you normally get, your body wouldn't recover to the normal state it was used to," Junkins said.

DANNY HENDERSON, a Southern student, had this problem when he first started going to this college. Having to drive back and forth from Monett to school each day, along with

homework, forced him to adjust to a five-hour sleep schedule which he has maintained for a year and a half. He plans to keep that schedule all through school.

"I fell sleep a lot at first," Henderson said, "but I finally adjusted to it all right. If I were to get more sleep than five hours, I wouldn't be able to maintain the 3.8 grade point average I have attained." He went on to say, "I feel that I am as healthy as anyone else. I think my body will tell me if I'm not getting enough sleep. You really have to watch for something to build up. If I were to pass out, I would know it was time to quit."

While sleeping, your heart rate drops to a lower level than it maintains while you are awake. This in turn would seem to increase the risk of a heart attack for those people who don't get much sleep. Calwhite claims the extra work your heart may have to perform through non-sleep could easily be overcome by exercises, though, which would cause your heart to work less while you were awake.

"WHEN YOU ARE sleeping," Calwhite said, "your veins slow down and your organs aren't made to function as they should. Your heart needs to keep moving to stay strong."

People who over-sleep may have a psychological problem.

"By sleeping, a person can escape stress or anxiety within the person," Junkins explained. "Over-sleeping is usually a symptom of something's being wrong. It doesn't solve the problem, of course."

CALWHITE EXPLAINED that oversleeping can make an individual sluggish during the day, causing him to respond more slowly than usual. By reducing the amount of sleep, he feels, people will function better if they mentally feel they received enough sleep even though they have gotten less than the normal amount.

"People function great if they are interested in something," Calwhite said. "A lack of sleep won't cause a decline in performance if they mentally felt they got enough sleep. Thinking processes aren't as good without proper sleep, though."

Not getting enough sleep, over a period of time, can have other effects also.

"THE PERSON WILL GET a sluggish, tired feeling," Junkins said. "He will also get angry at things easier and say things he normally wouldn't ordinarily say. A lack of sleep causes him to become less inhibited and thus he doesn't make an attempt to cover his emotions as he normally would." He went on to say, "Losing sleep over a short period of time probably won't affect you, though."

Calwhite agreed, saying, "If you lose sleep one night, your body will become further fatigued the second night, causing you to sleep longer. Also, if you become mentally tired, you can take 15-30 minute naps and they will make you feel much better. Some people can recover from a loss of sleep more quickly than others."

Loss of sleep sometimes can be credited, not to a lack of hours lying in bed, but the amount of time actually spent sleeping.

"**DRINKING STIMULANTS** such as coffee before bedtime can cause you trouble in trying to sleep," Calwhite said. "You can also fail to fall asleep if you are thinking about things you should have done or need to do. The best way to combat this type of thing, that I know of, is to concentrate on relaxing a certain part of your body, finally working your way up the body until you fall asleep."

Junkins believes a sleeping problem can be solved with a program as Calwhite mentioned or through medication. He pointed out another possible cause in trying to sleep, also: trying to sleep during a time of the day you're not accustomed to.

"If you have developed a certain time to sleep each night and you suddenly change it abruptly, it will create problems," Junkins said. "Your sleeping habits won't be as good and the result will be gross fatigue. The astronauts we sent to the moon experienced this."

WHEN HENDERSON started going to college, he experienced somewhat similar circumstances which he would like to avoid in the future.

"I couldn't sleep over five hours on the weekends now if I wanted to," he said. "I plan on sticking with my five hour program as long as I'm in school. It would be too hard to try to adjust to getting more sleep. I feel I need less sleep than most people because I'm accustomed to it."

Although once thinking that people

need to sleep certain hours during the night, Junkins claims he hasn't ever found any evidence to back the old rumor that one hour's sleep before midnight is worth two hours' afterward. People switching from night sleeping to day sleeping can have other problems besides the adoption to a new sleep cycle.

"**SOMEONE CHANGING** from night to day sleeping won't get as deep a sleep as they did before," Calwhite said. "Noises that go on in the day will tend to bother them. They will eventually become tired, enough that they will be able to sleep during the day, though."

Looking at the graph in *The Competent Infant* will show that people are getting less sleep as they get older, dropping from a 16 hour average hours of sleep per day at birth to only 5.75 average hours for people between 70-85 years old.

"It's a result of less expenditure of energy," Junkins said. "People working hard jobs require more sleep than those with easy work. As a culture, we sleep less now than we used to. This is true because people worked harder back then, thus requiring more sleep."

"Young people need more sleep," Calwhite added, "because they are still in a growing state and sleep will help them to recycle and grow properly." He went on to say, "I find nature to be beautiful and if you sleep too much, you don't have the hours to enjoy many of the things in nature. I know some people who have never even seen the sun rise."

Southern theatre students attending American college festival in St. Louis

Theatre students and faculty from Missouri Southern are in St. Louis attending the Region VI American College Theatre Festival. The Festival opened yesterday and ends Saturday.

The group will view six fully staged productions selected from some 50 colleges and universities in Missouri, Kansas, Nebraska and Iowa for participation in the festival. In addition to viewing the shows, students will participate in acting and technical workshops.

Faculty members will attend a special workshop series for directors headed by John Dennis, director of

the Mark Taper Forum in Los Angeles.

Other features of the festival will include, displays of competing student scenic and costume designs, readings of winning scripts from the one act play contest and a competition for the best student reviews of the festival production.

Summer theatres and graduate schools within the Region 6 will hold auditions for registered participants from Southern and other schools.

Henry Heckert who received his BA in Theatre in December will be competing for a \$500 scholarship in auditions for the Irene Ryan Acting Ex-

cellence Award. Heckert was nominated for his performance in the title role of Macbeth produced at Southern in December.

Public critiques of the festival productions will be given by nationally prominent directors, designers and playwrights—among them Ming Cho Lee, a leading New York scene designer and Howard Stein, chairman of Theatre at University of Texas and formerly associate Dean of Yale University School of Theatre.

Plays to be presented at the festival are: *The Authentic Life of Billy the Kid*, University of Iowa; *The Time of Your Life*, Webster College, Webster Groves, Mo.; *Lady House Blues*, Clarke College, Dubuque, Iowa; *Storybook*, Park College, Parkville, Mo.; *Tartuffe*, Florissant Valley Community College, Florissant Valley, Mo.; and *The Mountain*, Haskell Indian Junior College, Lawrence, Kansas.

"*Waxworks*," the famous silent horror film, will be shown at 7:30 p.m. Tuesday at the Barn Theatre. This is the seventh program in the current film series co-sponsored by the Spiva Art Center and Missouri Arts Council.

Directed and designed by Paul Leni, "*Waxworks*" is a macabre three-episode thriller about a young poet who is employed by the proprietor of a fairground wax museum to write stories about his three principal wax figures: Ivan the Terrible, Jack the Ripper, and Haroun-al-Raschid. The film features three of the greatest actors of the silent screen: Emil Jennings, Conrad Veidt, and Werner Krauss and is best known for its frequently distorted sets and stylized camera work.

The experimental French short film "*Fever*" will also be shown.

Spiva to show 'Waxworks' Tuesday night at Barn

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ATTENTION — ALL STUDENTS EARL SQUIRES AND REPERTOIRE WILL AUDITION FOR TRAIL OF TEARS IN TAYLOR AUDITORIUM FEBRUARY 16, 1979 2:00 - 5:00 P.M.

STUDENTS SHOULD BRING OWN MATERIAL. NO APPOINTMENT IS NECESSARY.

WILL NOT BE AUDITIONING AT NEO AT MIAMI THIS YEAR.

PASTAVILLA			
APPETIZERS			
BREADED MUSHROOMS	\$2.25		
BREADED CAULIFLOWER	2.25		
SAUTE MUSHROOMS	2.75		
CANNELLONI	2.25		
Egg PLANT PARMIGIANO "BAKED"	2.25		
RAVIOLI FLORENTINE	2.25		
CHEESE GARLIC BREAD	1.00		
INSALATE			
COMBINATION	\$1.75		
CAPTAIN'S DELUXE	3.10		
(A meal in itself) Cheese, Salami, Eggs, Tomatoes, Croutons and Olives			
CAESAR	2.95		
Crisp Romaine lettuce, croutons, and special Caesar dressing			
CHOICE OF DRESSINGS House Creamy Italian, Russian			
PASTA SICILIANO			
Fresh Mushrooms, Onions and Green Peppers in Butter and Oil Sauce			
PASTA CON SALSA			
Delightful Tomato Sauce			
PASTA CON BODOLI			
A blend of shell noodles, broccoli, mushrooms in a white cream sauce served steaming hot			
FETTUCCINI			
A blend of shell noodles, mushrooms in a white cream sauce served steaming hot			
SPAGHETTINI BOLOGNESE			
Thick Meat Sauce			
SPAGHETTINI CON POLPETTINI			
Tomato Sauce with Meatballs			
PASTA MELANZANE			
Fresh Egg Plant, Mushrooms, and Tomato Sauce			
PASTA CON FUNGI			
Fresh Mushrooms in Tomato Sauce			
HOUSE SPECIAL MANICOTTI			
Combination of large noodles stuffed with meat and a special blend of seasonings. Covered with sauce and a mixture of provolone and mozzarella cheese baked to perfection			
CANNELLONI "BAKED"			
Cannelloni filled with meat and cheese, topped with a blend of provolone and mozzarella cheese, baked to perfection			
LASAGNA			
A combination of meat, Lasagna Noodles, with our own special Italian Sauce, and Ricotta Cheese, topped with a perfect blend of Mozzarella and Provolone Cheese, baked to perfection			
SPAGHETTI or MOSTACCIOLO "Baked"			
A special combination of Spaghetti or Mostaccioli with Meatballs and Meat Sauce, topped with a blend of Provolone and Mozzarella Cheese and baked			
PASTA CON SAZIZZA			
Italian Sausage in Tomato Sauce			
STEAKS			
CHAR-BROILED			
STRIP	3.89		
(Includes Salad, or Baked Potato, Bread & Butter)			
RIB EYE	3.89		
PIZZA			
CHEESE	3.15	5.00	
SAUSAGE	3.55	5.55	
PEPPERONI	3.55	5.55	
HAMBURGER	3.55	5.55	
MUSHROOM	3.55	5.55	
GREEN PEPPER	3.55	4.55	
BLACK OLIVE	3.55	4.55	
ONION	3.55	4.55	
Sausage, Green Pepper, Onion, Pepperoni and Mushroom			
SPECIAL	4.75	6.75	
VEAL			
VEAL SCALLOPINE w/Mushrooms and Peppers and Mozzarella Cheese	4.95		
VEAL PARMIGIANO and Spaghetti	4.75		
SANDWICHES			
HOT ROAST BEEF SANDWICH	\$2.60		
OUR OWN ITALIAN HAMBURGER	2.30		
ITALIAN "PARM" HAMBURGER	2.60		
CHEESEBURGER	2.10		
HAMBURGER	1.85		
MEATBALL SANDWICH	2.30		
HOT SALAMI PARMIGIANO	2.50		
HOT ROAST BEEF PARM	2.95		
RUEBEN	3.00		
HOAGIE	2.90		
THE AFFAIR	2.90		
(All Sandwiches Include Soups)			
DESSERTS			
CHEESE CAKE			
APPLE STRUDEL w/Cheese and Cinnamon			
BEVERAGES			
DR. PEPPER	.65	MILK	
PEPSI	.65	COFFEE	
7 UP	.75	TEA	
CARRY-OUT SERVICE 623-9358			

Lions slip on icy roads, and slide in standings

Missouri Southern's basketball Lions slipped in the Conference standings as well as on the ice-packed highways as they dropped a pair of CSIC road contests last weekend.

Southern traveled better than 1,000 miles through the snow only to bow to Kearney State University 95-89 on Friday and to Fort Hays State University on Saturday night.

Despite the losses, the Lions displayed the same tight, sound basketball that was seen in their three-game winning streak and tough loss to Drury last week. Credit should be given to Chuck Williams' Lions' display of poise under adverse conditions.

STILL, THE LIONS fell guilty to the number one offence that has plagued them all years—fouls. Fouls hurt them in both contests. Southern was whistled for 25 fouls at Kearney as the fast-breaking Antelopes, the nation's highest scoring team, posted a 23-11 advantage at the charity stripe.

At Fort Hays, the Lions were guilty of 31 infractions, sending the Tigers to the free throw line 35 times. The Tigers made 24 while Southern was 10 of 12. Even worse, Southern's

starting guards, Shelly Brown and Scott Schulte, left the game midway through the first half with their third personal fouls and Southern holding a slim lead. Fort Hays then ripped out to a 52-38 lead at halftime and never looked back.

"Actually we got beat in that five or six minute period with some of our starters sitting on the bench," recalled Coach Williams. "For the most part, we were in control of the ballgame but we lost a lot of rebounding by not having all the players we needed in at the right time. We really didn't hit the boards very hard. We've got to be more competitive on the boards."

SCHULTE, DESPITE sitting out almost half the game due to foul woes, paced Southern's effort at Hays with 18 points. Greg Chambers added 14, Phil Close and Johnnie Parker chipped in with 13 apiece, and Brown counted 10.

The Lions had a bright spot in the Kearney State game. Close, 6'6" sophomore forward, moved into a tie with Russ Bland for the career one-game field goal record with 16. Close added three charities for 35 points.

placing him four behind Bland's 38 and 36 each by Bland and Roland Martin.

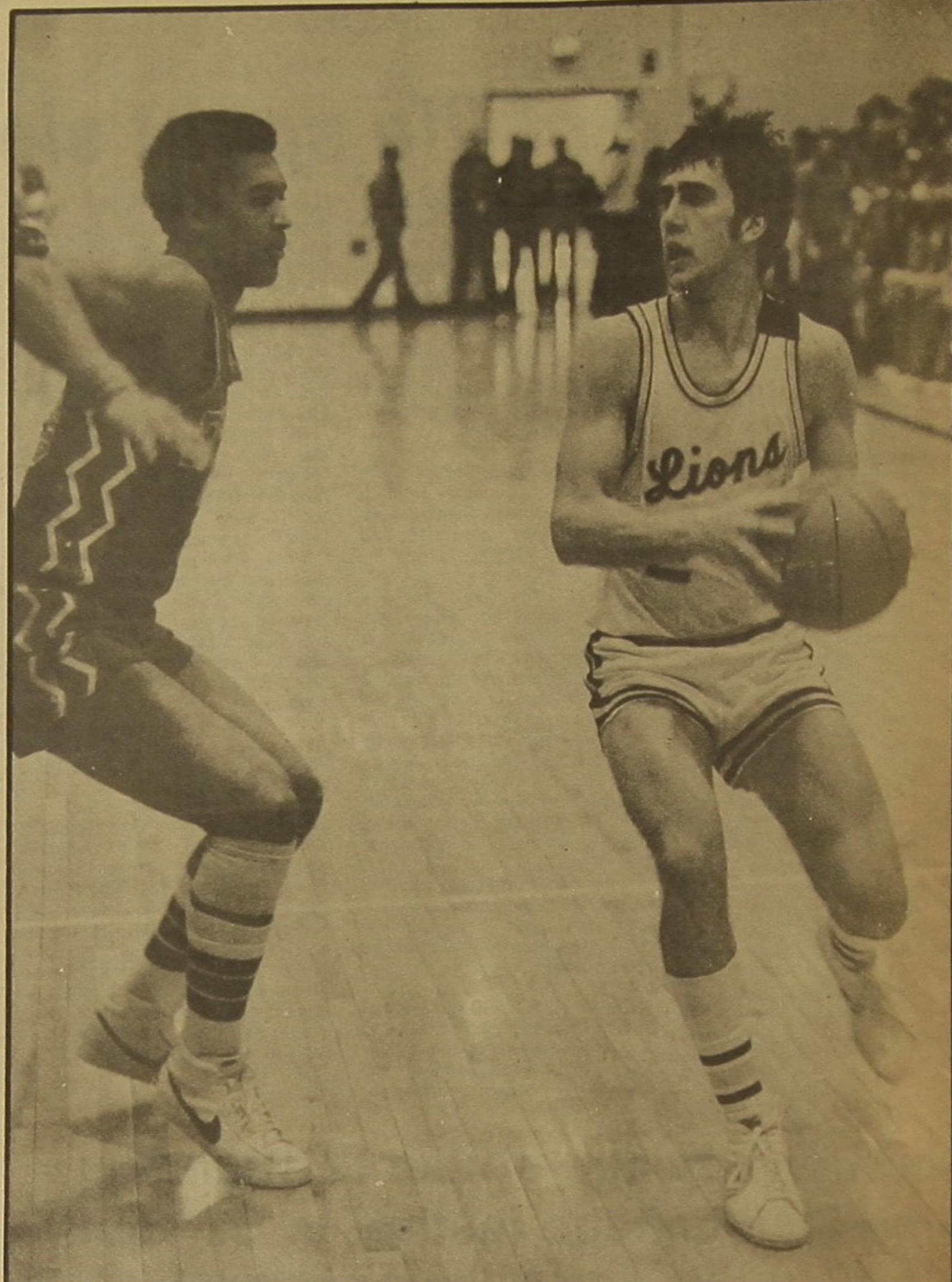
Brown contributed 23 points in the Kearney game.

Looking back at the contests, Coach Williams concluded, "I was pleased with the poise our young men displayed despite the adversities we faced on the road. They gave us their best and that's all any coach can ask."

CLOSE CONTINUES to lead the Lions in both scoring and rebounding. The forward is shooting at a 17.0 clip while pulling down an average of 7.8 rebounds a game.

Shelly Brown is also averaging in double figures, scoring at a 13.2 clip.

The Lions return to Central States Intercollegiate Conference action this weekend following a District 16 tussle with the University of Missouri-Kansas City. On Friday the Lions travel to Topeka to meet Washburn University and on Saturday they travel to Emporia State University. Southern defeated Washburn 56-55, and Emporia State 69-64 in previous tests this year in Robert Ellis Young Gymnasium.



Missouri Southern's basketball Lions, 6-10 on the season, take on the Griffons of Missouri Western in their next home game. The match-up between the two arch rivals is at 7:30 p.m. Friday, Feb. 9, in Robert Ellis Young gymnasium.

Lady Lions beat Kearney

By SHAUN SKOW
Chart Sports Writer

Led by senior forward Barbara Lawson, the Lady Lions of Missouri Southern came out on top against Kearney State College by a score of 78-71, the first time Southern has ever beaten Kearney State. In other

Conference action over the weekend the girls lost to Fort Hays State College, though, to set their record at 4-3 in Conference play.

Lawson led the Southern attack against Kearney by scoring 25 points and pulling down 14 rebounds, her best performance of the year. Two Joplin residents Patti Killian and

Cherie Kuklentz added 20 and 12 points to the Lion total respectively. Southern outshot Kearney State by hitting 32 of 61 from the field for 52 percent to Kearney's 30 of 69 for 43 percent. The Lions' percentage was boosted by Lawson who sank 83 percent of her shots.

After a 38-38 tie at the half, Southern dropped down to a 5 point deficit late in the game before winning as coach G.I. Willoughby recalls.

"THE GIRLS STAYED calm and showed a lot of poise in the last minutes of the game," said Willoughby. "They (Southern) worked the ball well and were more patient than in other games. Basically, they looked for the good shot and for the inside person more."

Willoughby went on to say "Nancy Robertson helped out with quite a few passes to Barbara Lawson inside. (Robertson ended the contest with 8 assists). We also got many second efforts (from offensive rebounds) which are good percentage shots to take."

After the come-from-behind victory, Southern went up against Fort Hays, a college which upped its conference record to 5 wins and 1 loss by defeating Southern 65-58. Patti Killian and Barb Lawson again came through for the Lions with 16 and 12 points respectively, but it wasn't enough to halt the tough Fort Hays team which, led by a 6-3 center, outrebounded Southern by a 48-42 margin. Lawson led Southern's attack with 8 caroms.

AFTER STAGING a close 34-32 half time deficit, the Lions' pitfall began during the first 5 minutes of the second half as the Lions failed to score while allowing Fort Hays to net 11 points during the span as Willoughby recalls.

"They started using a man-to-man defense in the second half and that frustrated us," Willoughby said. "We fell behind early in the half and spent the rest of it trying to get out of the hole."

With 5 minutes to play Southern worked back to only a 3 point deficit but couldn't seem to work from there. Fort Hays ended up outshooting Southern from the field by hitting 27 of 67 shots for 40 percent to Southern's 26 of 79 for 31 percent (29 percent in second half action.)

"OUR TEAM TOOK good shots in the second half," Willoughby said, "but they all seemed to fall short. I believe it was from being too tired. [Freshman] Pam Brisby came on in the second half and played real well for us (6 points and 6 rebounds) but I think our shooting percentage was hurt simply because of exhaustion."

Southern has a busy schedule of action coming up now as they will travel to Washburn tomorrow night and to Emporia on Saturday. The Lions will then come back home to face Evangel College next Tuesday night at 7. The Lady Lions will get another shot at Fort Hays, this time on the home court, on Feb. 17. Willoughby feels an upset may occur at that time.

"If we play sharper ball than we did the first time," Willoughby said, "we could win. We would have to play with consistency which would include a good, aggressive defense with an offense to back it up."

Second annual baseball clinic to feature professional players

Area coaches and athletes are invited to shed ice and snow this weekend in order to attend the Second Annual Baseball Coaches and Players Clinic to be held at Missouri Southern.

The clinic will be held in the Student Union on the Southern campus and will run from 9 a.m. to 4:30 p.m. on Saturday, according to Lions' head baseball coach Warren Turner.

Highlighting the clinic will be regular appearances from current and former professional major league ball players. Included in this select group will be Steve Patchin, current catcher with the Detroit Tigers organization; Steve Luebber, currently pitching in the Chicago White Sox organization; Denny Doss, former pitcher with the Cleveland Indians; Don Gutteridge, formerly a manager with the Chicago White Sox; and Cloyd Boyer, presently a pitching coach with the Atlanta Braves.

Each individual will be giving instructional and knowledgeable material on the different areas of baseball in sessions throughout the day.

The day-long schedule is as follows:

9:30—Steve Patchin will speak on the mechanics of hitting.

10:10:50—Steve Luebber will speak on the common faults of pitching.

10:10:50—Steve Patchin will speak on the mechanics of catching.

11:11:50—Denny Doss will speak on pitching from the stretch.

11:11:50—Don Gutteridge will discuss middle infield play.

A lunch break will follow at noon.

The clinic will resume at 1 p.m. with Coach Turner speaking on baseball philosophy at Missouri Southern.

1:30:20—Tony Stark will speak on outfield fundamentals.

2:20—Cloyd Boyer will discuss the psychology of pitching followed by a pitching machine demonstration by Denny Doss.

4—The clinic will conclude with a panel discussion.

Coach Turner is eager to welcome a large crowd despite adverse weather conditions. "Last year we had 120 people in attendance in only

our first clinic and we are looking forward to a good crowd again this year."

"There are two or three reasons as to why we have this clinic," said Turner. "Number one, we are trying to improve the quality of play in the Four-State Area and we're trying to help improve area players' and coaches' baseball techniques."

"Secondly," he continued, "the clinic helps us get motivated for the upcoming season. And as for our own benefit, it helps us develop as better baseball players. Anytime we have the opportunity to bring in professional ballplayers, it's an advantage for us. We always work on fulfilling our own baseball knowledge."

"Finally, the clinic gives Missouri Southern some exposure, bringing area athletes onto our campus and helping in our own recruiting process," the Lion coach concluded.

Registration for the clinic will run \$6 for athletes and coaches and \$2 for Missouri Southern students.

Lady Lions run over Rolla, 66-45

Missouri Southern's Lady Lions utilized a full court pressure defense and a fast break offense to run over the University of Missouri-Rolla, 66-45, Tuesday night in Robert Ellis Young Gymnasium.

The victory improved the Lady Lions' record to 11-8, but even more importantly, it was their fourth straight win against no defeats in district play of the Missouri Association of Intercollegiate Athletics.

Rolla slipped to 3-2 in the district and 7-4 overall.

It took only four minutes into the game before Southern took total control of the contest. With the score knotted at 4-4, Southern scored eight unanswered points by virtue of four Rolla turnovers and the Lady Lions never looked back.

Southern's lead grew to 12 at halftime, 34-22, but the Lions of G.I. Willoughby exploded for a 59-32 advantage, their largest margin of the evening, with 5:51 left on the clock.

Although shooting a sagging 35 percent, hitting 29 of 82 shots, the advantage was still to the Lady Lions as the Miners hit only 18 of 55 for 33 percent.

Southern had trouble stopping 6-3 senior Dallas Kirk who pumped in a game high 23 points and topped all rebounders with 15.

Southern's well balanced attack was led by Cherie Kuklentz and Patti

Killian both scoring 14 points. Barb Lawson added 11 points while Mary Carter contributed 10. Kuklentz led the Lady Lions' board work with 12 rebounds. Southern outrebound the Miners as a team 45-27.

Men lose to UMKC, 83-75

Willie Jones and Vinnie Gayle combined for 38 points to lead the University of Missouri-Kansas City to an 83-75 victory over Missouri Southern Tuesday night at Young Gymnasium.

The loss dropped the Lions to a 2-5 mark in District 16 competition and 6-11 overall, while the Fighting Kangaroos improved their district mark to 2-11 and 11-7 overall.

Although the Lions started quick and led at halftime 37-35, the second half proved to be their undoing. During the final 20 minutes, UMKC connected on 15 of 24 shots from the field for a sizzling 62 percent while the Southern quintet sagged to 43 percent.

Despite their cold shooting, the Lions managed to keep the game close until the final minutes of the contest. With 11:37 remaining, Gayle put the Kangaroos up by four, 55-51, but goals by Greg Chambers and Phil Close evened the score. A few moments later, the Lions surged ahead 59-57. At this point, however, UMKC took control and began to build their lead.

Close finished the contest with 24 points followed by Shelly Brown and Scott Schulte with 16 and 12 points respectively.

Following Gayle and Jones in the UMKC scoring department were Mike Trigg with 14 and Mark Hatfield with 10. Trigg also led both teams in rebounds with 13.

Services in demand

The first city which looked as though it might be Carew's new home was San Francisco. Reportedly, Griffith has worked out a deal with the Giants, but Carew balked, saying that he preferred to stay in the American League—if not all of baseball.

The developments leading to such a possibility have been brewing for quite some time. During the past several years, Carew and the Minnesota Twins' flinty owner, Calvin Griffith, have constantly been at odds. The squabbling finally came to a head at the end of the 1978 season when Griffith made some racist remarks publicly, and then called his classy first baseman "a damn fool" for signing a contract far below the going price for a player of his caliber.

Carew immediately stated that he no longer wanted to play for the Twins, and that if he was not traded he would play out his option and become a free agent. Fearful of losing the batting champ without getting anything in return, Griffith tried to oblige his unhappy star by working out a trade. The news left most major league organizations drooling.

Yanks have upper hand

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Next in line was the free-spending California Angels. This time, however, the situation was reversed. Carew apparently had negotiated a deal which satisfied him, but Griffith said no. The owner insisted that the Angels give up their fine third baseman Carney Lansford and pitcher Chris Knapp, but the Angels felt this was too much.

In the meantime, Yankee owner George Steinbrenner and President Al Rosen were making proposals of their own.

At first they attempted to negotiate directly with Carew, but Commissioner Bowie Kuhn ruled that any talks would have to include Griffith, and that they could not begin until after the Angels' final offer had been made. Not to be derailed, the Yankee front office opened negotiations with the Twins' management and are reportedly very near to closing a transaction.

Yanks have upper hand

This weekend, Griffith announced that the two teams were one player away from completing the deal. The trade would send Carew to the Yankees for first baseman Chris Chambliss, second baseman Brian Doyle, centerfielder Juan Beniques, and one minor league player (probably a left-handed pitcher).

Even if such a trade does materialize, Carew would have to give his approval and make sure the Yankees would satisfy his requirements. Most feel these "requirements" would consist of a long term, multi-million dollar contract including other fringe benefits. And, these same observers feel, if money is the only thing standing in the way of Carew becoming a Yankee, there's no problem. This is the point of concern.

When Catfish Hunter became a free agent and signed for millions, more than one believed such huge contracts could eventually ruin the game of baseball. They felt that if salaries continued to skyrocket, the major league clubs might be forced into bankruptcy. Although this has not happened yet, the wealthy clubs (most noticeably the Yankees) are getting richer and stronger, and the poorer organizations are floundering.

Because of their megabucks, the Yanks have been able to sign the likes of Hunter, Reggie Jackson, Don Gullet, Rich Gossage, and now, possibly, Carew. Called "the best team money can buy," the Yankees are able to field a team of virtual all-stars while most other clubs are sagging on the field, and at the gate.

Although Yankee fans may love the situation, it seems clear that unless Commissioner Kuhn takes some bold steps to restructure the economics of the game, baseball may be in serious trouble.